



# Quilted Bible/JOURNAL COVER

A Quilted Project Pattern by Cece's Quilts and Things



Beginner  
Friendly!

**Made to fit your hardbound Bible or Journal**

Kit available to fit a max size of 6"(w) x 10"(h) x 1.5"(d)

(Kit includes top fabric, backing fabric and wadding)



Hello, and thank you for your purchase of this pattern! This is a beginner friendly pattern, and you can make it on a home machine or sew it by hand. It's great for a weekend activity or an afternoon of fun!

For more help on this pattern check my website [www.cecesquiltsandthings.com](http://www.cecesquiltsandthings.com) or reach out to me via email or on social media.

## Requirements

Fabric Requirements	Small*	Medium*	Large
Top	0.25m/1 Fat Quarter~	1 Fat Quarter	0.5m
Backing	0.25m/1 Fat Quarter	1 Fat Quarter	0.5m
Batting/Wadding**	0.25m	0.5m	0.5m
Non-Fabric Requirements/Tools etc.			
A measuring tape (in inches)			
A ruler (a quilting ruler would be ideal, but you can use any ruler)			
A rotary cutter or a pair of fabric scissors			
A pencil for marking			
A sewing machine with a quarter inch foot or needle and thread			

\*Kit Available

\*\*This can be purchased in a store, or you can substitute with something else to add some thickness. You can cut these according to size (if you already have your Bible or journal measurements)

~A pre-cut piece of fabric available at fabric stores, usually measuring 18" by 21" or 45cm by 52cm

**Cutting instructions are given as-you-go in the pattern, please be on the lookout for them! These instructions will depend on the size of your journal or Bible.**





## Let's Get Started



1. Measure your Bible or Journal with your tape measure. Wrap the tape measure around the width and depth of the journal for your first measurement, then the height of your journal for the second.



My Bible has a wrap around measurement of 13" and a height of approximately 8.5".

2. Add 6" to your wrap around measurement and 1" to the height measurement. *For example, for my Bible the final measurements would be 19" by 9.5".*
3. Press your top and backing fabric to remove any creases from it (especially any 'fold' creases).
4. Mark your measurements on your fabric for the top with your pencil and cut this piece out. *I marked 19" by 9.5" on my fabric piece.*



5. Next, mark and cut 2 strips of fabric measuring 11.5" by 5". This is for the two handles. This measurement is the same for all journal cover sizes. Set these aside.

6. Take your backing fabric and mark your journal's specific measurements on it (*in my case, this would be the 19" by 9.5"*). Also mark and cut out binding strips from your backing fabric. I like to use double-wide binding<sup>1</sup>, hence I mark and cut strips that are 2.5" wide. You will need three strips for the medium size journal cover.



To calculate how much binding you will need, calculate the 'perimeter' (yes, we use some mathematics for this part!) of your journal in inches, and add about 6" to this number – that's how long you will need your total binding strip to be.

More information on my blog:

<https://www.cecesquiltsandthings.com/post/your-binding-basics>

7. Next, cut your batting or wadding to the size for your journal; this should match your top and backing fabric as well (*in my case, I have cut my wadding to 19" by 9.5"*)



Also cut 2 wadding strips that are 11" by 2"; this will go inside your 'handles'. This is the same for journal covers of all sizes.

8. Layer your main journal cover fabrics – backing at the bottom, with the wrong side of fabric facing up, then the wadding layer, and finally the top fabric layer with the right side facing up. Pin in place. This is your quilt 'sandwich'.



<sup>1</sup> Double wide binding is when you fold your binding strips in half lengthwise before sewing it to your quilted item. It is sturdier than other types of binding, but it can also be bulky! If you have a preferred method of binding, you can use that instead. Make sure you cut your binding strips accordingly.





- Place your handle wadding strips in the centre of the two pieces of handle fabric, as shown below.



## Let's sew!

- First, let's get the handles prepped and ready to attach to the cover.



- As shown in the images above, start by folding over the short edge (about a  $\frac{1}{4}$ " ) of the fabric onto the wadding. Sew in place. Repeat for the other side.
- Next, fold the raw edge of one length of the fabric onto the batting (start with a small  $\frac{1}{4}$ " fold before folding over to give a neat finish with no visible raw edges). You can finger press this fold to keep it in place. You can sew in place for added stability.
- Repeat on the other side. Sew in place.
- At this point, no raw edges should be visible.

Hiding your threads: If you are hand-sewing your journal cover, make sure your knots are hidden away in the folds of fabric. If you are using your machine, you can back stitch over ends and cut your threads or you can 'bury your threads'. Instructions for burying your threads are given at the end of this pattern.

- Your main journal cover fabric needs to be 'quilted' now. Quilting is the process of adding decorative stitches to your quilt sandwich. The purpose of these stitches is to hold the layers in place when you use or wash your Bible/journal cover. I like to add straight line stitching to my projects as it is easy and has a clean finish. But this is entirely up to you!

3. Once your quilt sandwich is quilted, we'll add the binding. I go over binding instructions in my blog post, please do check it out here: <https://www.cecesquiltsandthings.com/post/your-binding-basics>



## Journal Cover Assembly

This is the final step to finishing your journal cover!

1. Fold the short edges of your journal cover approximately 2.5" inward to create a lip on either side. If you're unsure of your measuring skills, fold this cover over your Bible or journal to see if it fits. Don't sew this in place! We'll add the handles to either side before sewing.
2. Next, place the handles in the centre of the fold-over, approximately 1" from the edge as shown in the image below:



Mark the edges with a pencil. Using a ruler, mark the same spot on the other fold-over as well.





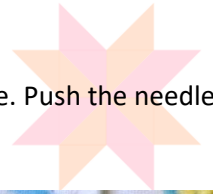
3. Unfold the fold-over and sew the two handles in place as shown in the image below. I've added three stitched rows for more stability.



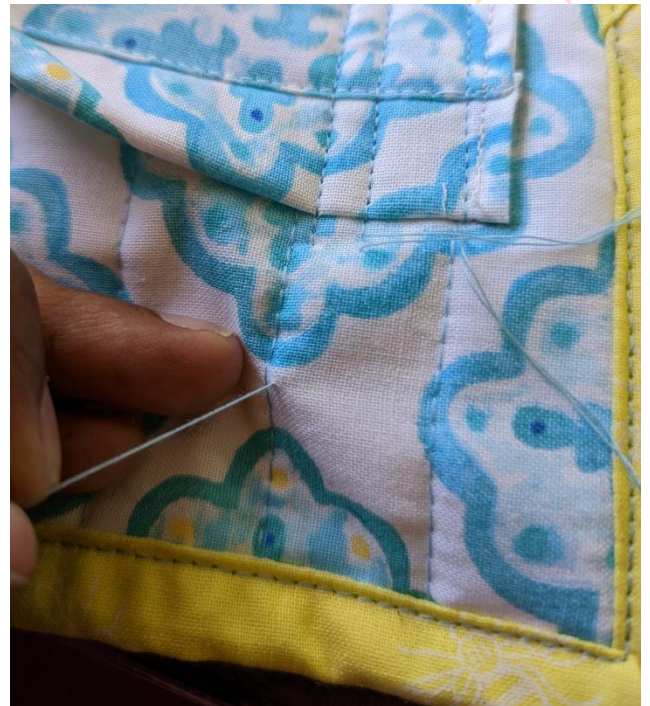
4. Once your handles are sewn in (and you've buried your threads as needed), fold the short edges of your journal cover once again to create the two fold-over 'lips'. Keep it a little loose so you can easily get your journal in and out of your cover. Sew in place – add a few stitched lines to add stability to your journal cover. And you're done!



## Burying loose threads



1. Take your loose threads at a spot and tie a knot in the thread. Thread this through a needle. Push the needle in between the fabric layers; make sure you stay *very close* to the knot in your thread!



2. Pull the thread through and snip it close to the fabric. This will leave your thread ends buried in between the fabric layers leaving the top clean and thread free!

Enjoy your new Bible or journal cover yourself or give it away as a unique handmade gift. You can make different ones to match your mood. If you share your progress on social media, make sure you tag me! I love seeing projects made with my patterns.

If you've liked this pattern, you might like my other patterns as well!

Check out the full collection here:

<https://www.etsy.com/au/shop/cecesquiltsandthings>

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# Happy Sewing!